

The Boulevard Beat

A MONTHLY NEWSLETTER FROM SBS - OCTOBER 2018 EDITION

THE PRINCIPAL'S PLACE

So, you didn't win either of the recent big lottery drawings... That's OK! There are plenty of opportunities right in front of us to stay happy! Your children are fantastic and we are so proud to work with them every day. Surrounding them with messages of kindness and perseverance at both school and home will continue to keep them growing into tomorrow's leaders. As we continue on our parenting journey (and begin to turn into our parents), it's important to find moments to take a step back and look at what we do with, and around, our children every day. Modeling of even the most basic life happenings is REALLY important. Thankfully, our children are not able to fully understand our stresses, but they can definitely tell when we are kind, when we have a successful experience, or when we have moments we're not proud of. They certainly notice when we are happy, and so happiness is climbing the list of basics that we need to get back to! I found this to be a really interesting read earlier this year. Feel free to give it a look!

[Yale's Most Popular Class Ever...](#)

Speaking of happiness, we're really looking forward to a fantastic Halloween parade on Wednesday. Details have been coming out in our recent weekly FYI emails, so please give them a review so that our event runs smoothly on all ends. Hope to see you there!

I wish you all a well-deserved break next week for teacher's convention. Please be sure to stay in touch with our school and PTO communications, because HOPE Week is right around the corner!

Robert Gardella
Principal

THE NURSE'S NOOK

Hi Parents!

Now that we are welcoming November, we know that cold and flu season is quickly approaching. There are some things we can do to minimize the spread of illness if we all work

together. Remember that the health of the community depends on all of us. Here are a few suggestions:

- Remember that frequent hand washing with soap and water is one of the best ways to prevent illness. (Do not rely on antibacterial hand sanitizers.) Also, nutritious food and plenty of sleep are key!



- If you think your child is getting sick, please use a thermometer to check their temperature before sending them to school. If you think your child may be getting sick and your work situation permits, please allow them some extra time at home. It is better for the rest of us to keep them out of school while you evaluate them for illness.

- If your child is recovering from a fever, they must be fever free for 24 hours before they return. This rule is in place for the benefit of the rest of us. If they have not been fever free for 24 hours, they are likely to be contagious. *By the way, the only way to know if they have a fever is to use a thermometer.*

- If your child has vomited, please allow them to stay home until they have been eating and eliminating normally for a full 24 hours. This is for their comfort and for the health of the community as well.

For more information about exclusion times after contagious illness, [click here](#).

COUNSELING CONNECTION

Hello Parents,

I will be offering small group counseling this year. Small groups support and enhance the development of personal and social skills and promote educational success. Small groups provide additional social-emotional learning experiences and give the students a chance to belong, a chance to express themselves, and a chance to benefit from the support of group members.



The small groups that I am offering this year are as follows:

Buddy Group (social skills): Friendship groups are intended for students who need or would like to work on strengthening their friendship skills. Groups will focus on acknowledging and strengthening our friendship qualities we have to offer others, how to connect and communicate with others, building friendly behaviors and dealing with friendship problems.

Butterflies (anxiety and stress): This group is intended for students who need or would like to work on dealing with and managing their worries. The group will explore the triggers of anxiety and build skills to help manage these worries effectively.

Peacemakers (emotional regulation) - This group is intended for students who need or would like to learn how to regulate their emotions. During group we will explore emotional triggers, learn how to identify different emotional zones as we enter them and build effective coping skills.

FISH (families in separate homes) – this can be a group comprised of students from varying grades whose parents are divorced or going through a divorce.

These groups will start in late November and will meet for 30 minutes per week for six weeks (with the potential to extend). Teachers can refer students who they feel will benefit from small group support and parents can refer as well. If you have a child that you feel would benefit from one of these groups please email me at kmedvin@chatham-nj.org or call me to discuss.

Thanks so much!

Kelly Medvin
School Counselor

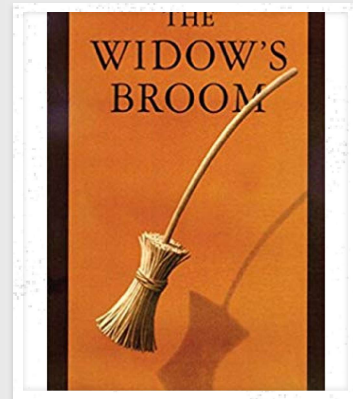
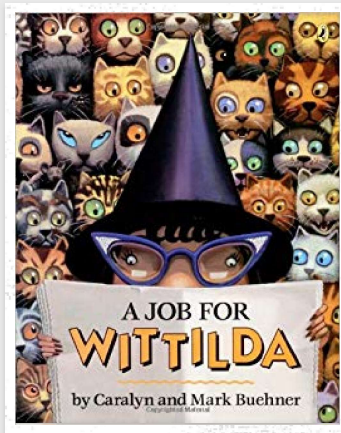
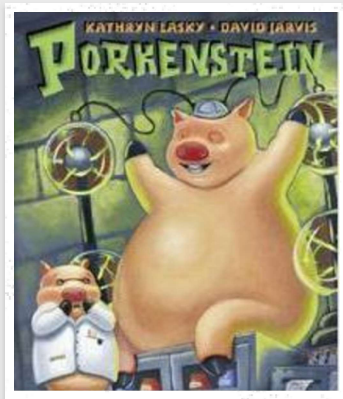
LIBRARY LOWDOWN

Halloween is right around the corner! Over the past few weeks we have been sharing some great Halloween stories that tie into our curricula, such as *Porkenstein*, by Kathryn Lasky, *Wittilda*, by Caralyn and Mark Buehner, *The Widow's Broom*, by Chris Van Allsburg and others.

We will have our annual SBS Halloween puppet show on Wednesday, October 31st in the library. All students will be invited to attend this annual tradition with Witchie, Grieselda, Lady Zsa Zsa, and other SBS puppets.

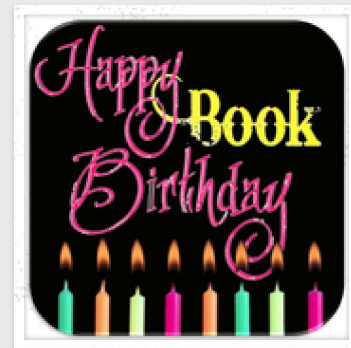
A special thank you to our library volunteers who assist each week. We could not do it without you. A special thank you to Mrs. Vecciarelli for organizing the schedule. If you would like to be a library volunteer, please reach out to her or email me (mdaloia@chatham-nj.org).

Have a great Halloween!
Mr. D'Aloia



BIRTHDAY BOOKS

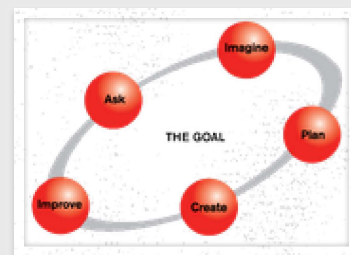
Commemorate your child's birthday or other special occasion with the donation of a book to the SBS Media Center in his/her honor. Donations will be acknowledged in the Boulevard Beat monthly. [Click here for the form.](#)



THE DESIGN DEN

Welcome Families, to the Design Den!!

Kindergarten - We finished our first design challenge using the engineering design process! **Ask your child what the problem was and what they built to solve it and help Peekaboo hide from Scratch the Cat.**



1st Grade - Students are using the steps of the design process to IMAGINE possible solutions to the problem. **Ask your child to explain what Brainstorming Buddies are and how they help you brainstorm solutions.**

2nd Grade - Students are following their PLAN and CREATING their solutions. **Ask your child how their design will solve the problem and meet all the specifications.**

3rd Grade - Students are finishing up their first design challenge. **Ask your child what step of the engineering design process they are on and what that looks like in their engineering notebooks.**

Have a Noteworthy November!

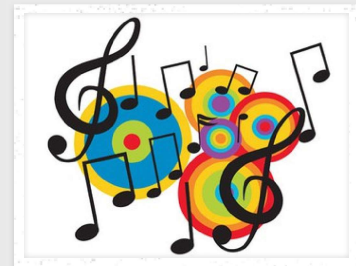
Ms. Stojanov (Ms. S)

FROM THE ART ROOM...

Our 2nd graders were inspired by Picasso's Cubist style of creating paintings and collages of the face to create their colored paper Witch Collage. The next time you're at SBS, check them out in the downstairs hallways.

MUSIC NOTES

November is a busy month as we prepare the children for the upcoming Holiday Concerts. During music class, we are focusing on self-expression and teamwork. It is wonderful to see the children get excited about this special event. See below for your child's holiday performance date and time.



Grade 1 - Tuesday, December 18th at 9:30 am

Grade 2 - Wednesday, December 19th at 9:30 am

Grade 3 - Thursday, December 20th at 9:30 am (the third grade concert includes all of grade 3, chorus, and chimes)

Please be sure to add these dates to your calendar. We look forward to seeing you!

Upcoming Events: The third grade chorus is invited to perform 2 selections at the annual Christmas Tree Lighting which takes place at the Reasoner Park gazebo on Saturday, December 1st, time TBD but it will be early evening.

It's here! Your new QuaverNotes code is "MonsterGroove," until November 2nd, 2018.

It will give each account 100 QuaverNotes! Your children have until November 2nd, 2018 to enter the code (there will be a NEW code at that time!) QuaverNotes WILL NOT expire! Below are instructions to redeem the code:

1. Go to QuaverMusic.com
2. Click on your Avatar on Quaver Street
3. Click the MY ACCOUNT tab
4. Enter the code where it reads ENTER QUAVERCODE

Thank you for your support of the music program!

Ms. Roskam

PTO POSTS

Happy Halloween! It was great to see so many families at Harvest Night! We hope everyone enjoyed themselves as this is just the first of many family-friendly events held for the SBS community. Our many dedicated volunteers have been hard at work as the school year is well underway! October started with Week of Respect, Walk to School Day, and the first Pizza Parlor Day of the year! The Working Parent Breakfast had a nice turnout and we also launched the fall Mileage Club. Our Fall ASE program is off to a great start with dozens of fantastic offerings to choose from. The Fall Box Tops collection and Spirit Wear Sale concluded and Fall Picture Day ran very smoothly! We are so grateful to our talented parent volunteers!

Please mark your calendars for a few important upcoming dates:

***11/12 HOPE Week begins** - Our SBS week of community service returns. Starting November 1st, our caring corners will be collecting used crayons to be recycled, Halloween candy for the troops, coins for hurricane relief, canned dog/cat food for St. Huberts, and cold weather accessories for the Jersey Battered Women Services.

***11/13 PTO Meeting** - Join us at 9:15 am in the Media Center. Stacy Winters, the District K-12 Math Supervisor, will share information about updates to the math program.

And last but not least, thank you to our parent community who has been so generous in their contributions to The Fund for SBS! If you haven't already, you will be receiving your car magnet soon. However...we are only at 50% participation. Please keep in mind that without the Fund, we would be forced to take part in traditional fundraisers such as bake sales, coupon books, wrapping paper, etc. That being said, any contribution, regardless of size, is greatly appreciated. For those who haven't yet donated, you can send a check into school or do so online at <https://squareup.com/market/sbs-pto/>.

Many thanks to the following PTO Volunteers as we have had a very busy October!!!



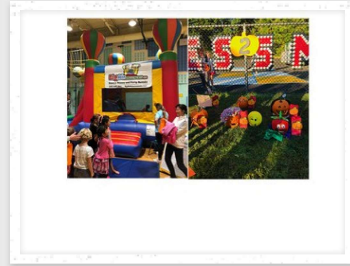
THE NED SHOW

The NED Show summarized some key messages for Week of Respect in an entertaining way!



SPIRIT WEAR

Thank you to Erin Burgo and Alisha Denenberg for a great selection of Spirit Wear this fall!



HARVEST NIGHT

Thank you to Andrea Caserta for chairing our Harvest Night committee and hosting such a fun event for the whole family.



MILEAGE CLUB

Thank you to Nancy Sasaki for 'running' the Mileage Club!



PIZZA PARLOR DAY

Thank you to chair Tara Shull and all the volunteers for Pizza Parlor Day!



SBS FUND

Thank you to Megan SchAAF for helping with our fundraising drive! This picture explains how your Fund contributions are used.



WALK TO SCHOOL DAY

Thank you to Jen Mathews and Puja Swamy for organizing a fun Walk to School Celebration!



PICTURE DAY

Thank you to Cristina Antenen and her team for a well-executed Picture Day.

Amy Ewing
SBS PTO President 2018-2019




[PTO WEBSITE](#)

[SBS WEBSITE](#)

[SBS CALENDAR](#)



SOUTHERN BOULEVARD SCHOOL

 192 Southern Blvd, Chatham, NJ  (973)457-2509
 chatham-nj.org/sbs

